

From Laguardia to LIRR

Q70-SBS
FREE BUS

about 25 mins

Important:
LIRR is the
last stop.

Do not get off
at Roosevelt

Woodside
LIRR
Station

Roosevelt Av/74 St
NYC Subway
[do not exit here]



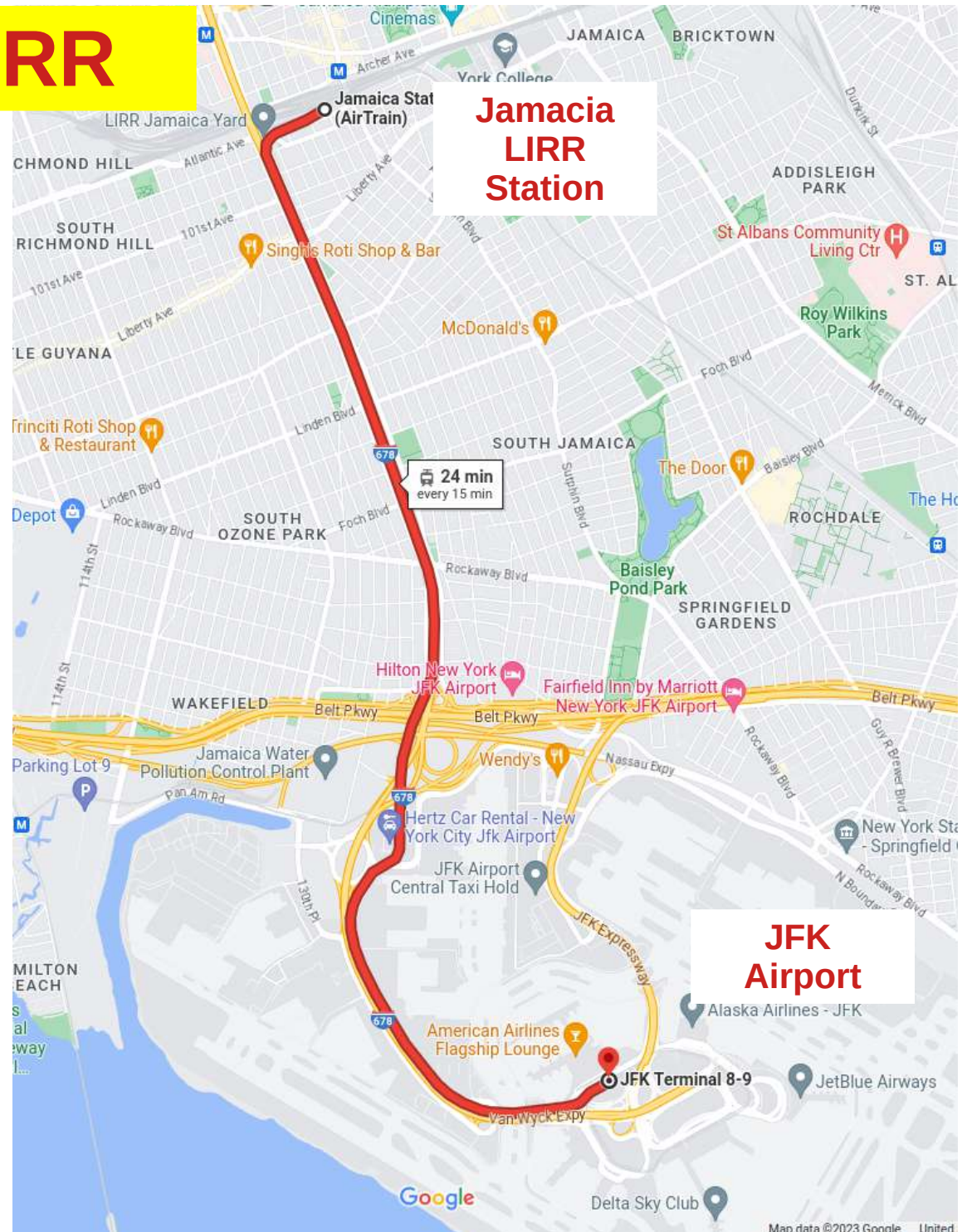
From JFK to LIRR

JFK Airtran

about \$8.75

about 25 mins

The fee is \$8.75 USD and can be paid with a contactless payment method or credit card



<https://www.jfkairport.com/to-from-airport/air-train>

From Newark Airport to LIRR: Step #1

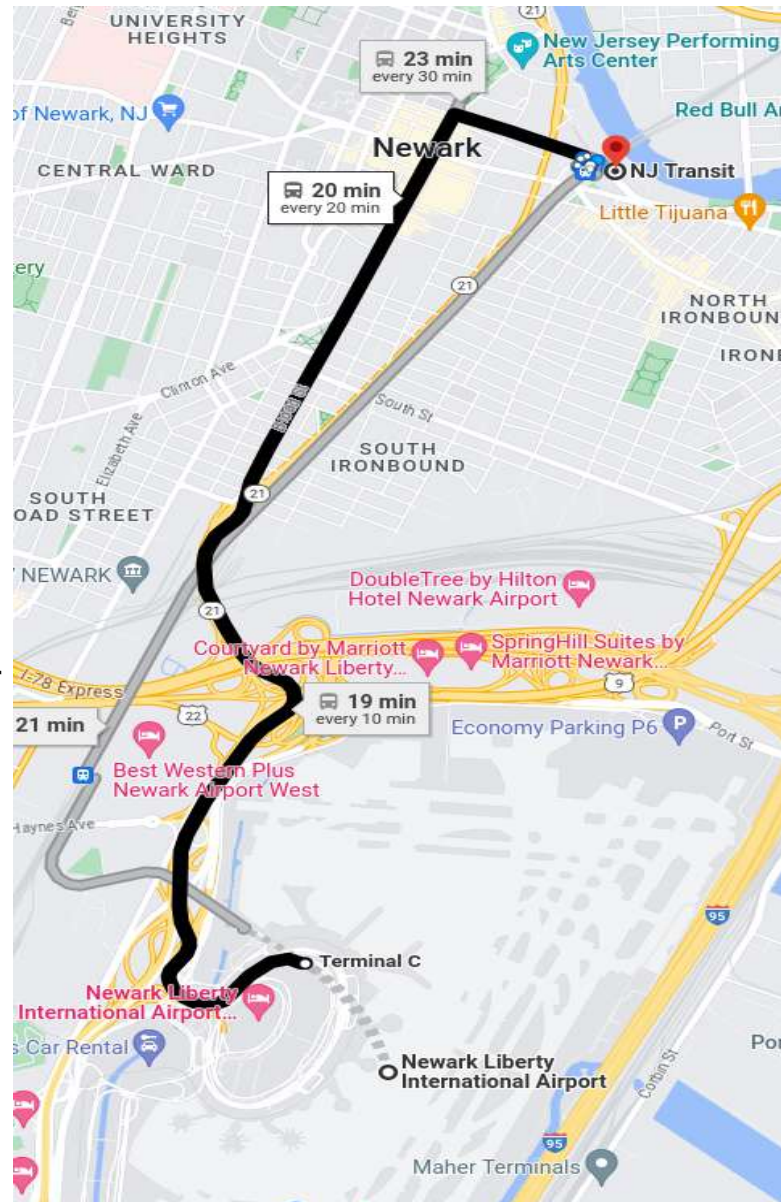
Newark Air-Train
about \$8.75

about 25 mins

To/From NJ Transit or
Amtrak Trains: (\$8.75). This
fee can be bundled into your
NJ Transit or Amtrak ticket
when you buy it.

SEE NEXT PAGE

**Newark
Airport**



**Newark
Penn Station**

*(Not to be confused with
New York Penn Station)*

**connects to
NJ Transit
& Amtrak**

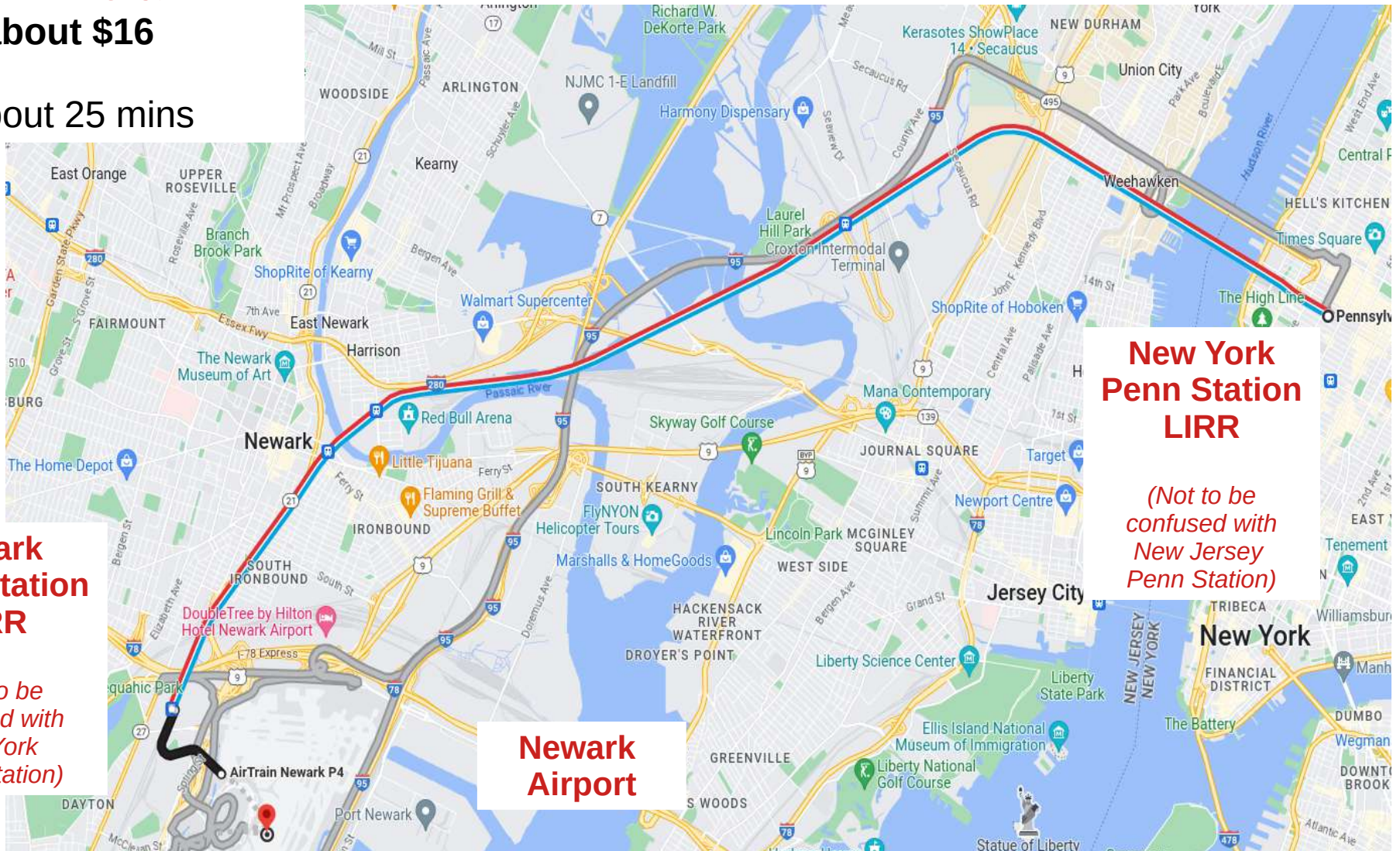
<https://www.newarkairport.com/to-from-airport/air-train>

From Newark Airport to LIRR: Step #2

**NJ Transit
or Amtrak
about \$16**

about 25 mins

(2026) A one-way combined ticket from Newark Liberty Airport to New York Penn Station costs \$15.75. This ticket covers both the AirTrain and the connecting NJ Transit train, allowing seamless travel between the terminals and Manhattan.



**Newark
Penn Station
LIRR**

*(Not to be
confused with
New York
Penn Station)*

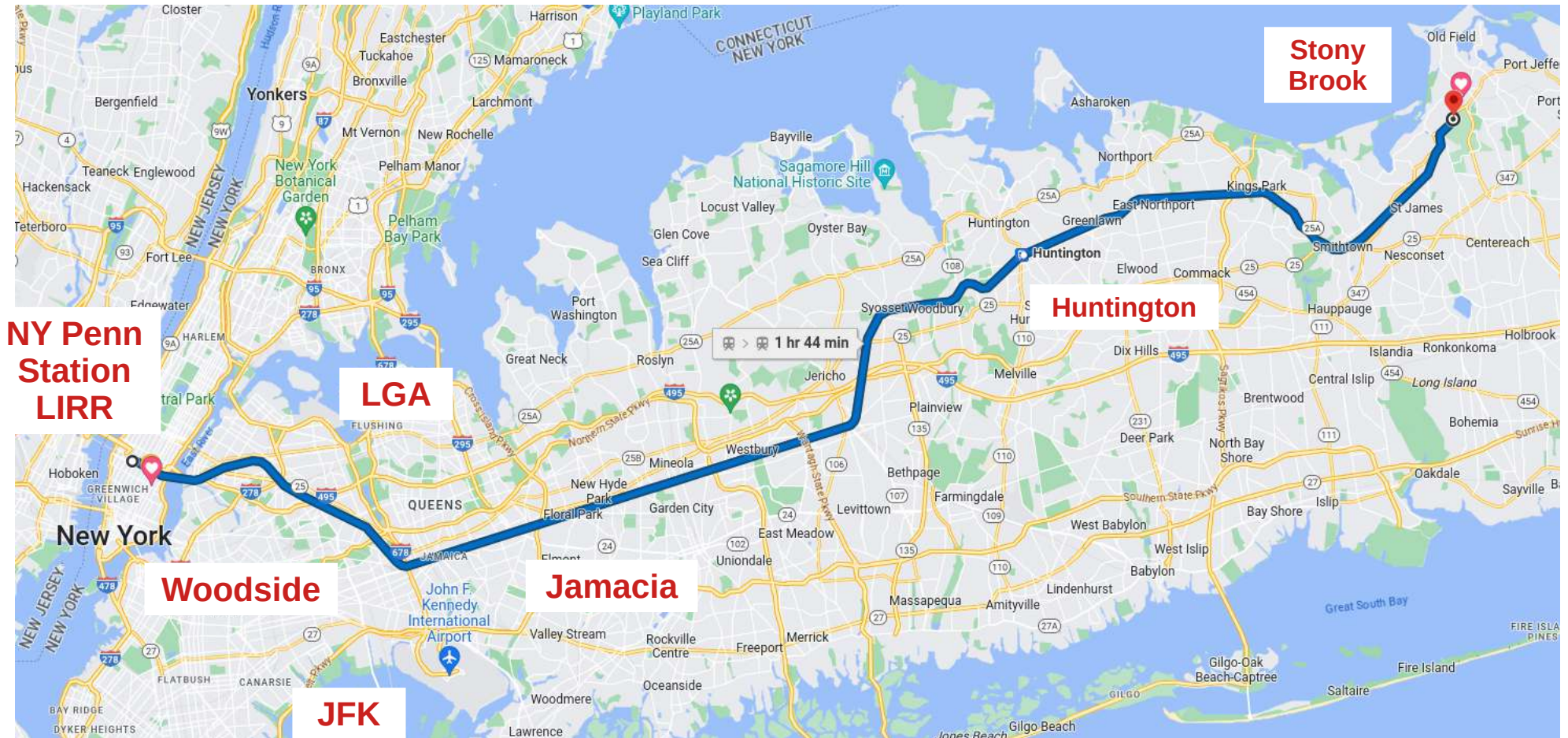
**New York
Penn Station
LIRR**

*(Not to be
confused with
New Jersey
Penn Station)*

**Newark
Airport**

LIRR to Stony Brook #1

LIRR to Stony Brook
(On the Port Jefferson branch)
about 120 mins from NYC



<https://new.mta.info/schedules>

LIRR to Stony Brook #2: Fare Info

LIRR to Stony Brook

(On the Port Jefferson branch)

<https://new.mta.info/schedules>

Stony Brook is on the “Port Jefferson” branch.

You will need to change trains at Jamaica and/or Huntington. Ask the conductor.

Fare Information:

If you arrive on a **Sunday**, you can pay the lower priced “**Off-peak**” Fare.

The details are below.

Purchase your ticket before you get on the train.

You can purchase on the train for a \$8.00 penalty.

You do NOT need to validate your ticket before you get on the train; the conductor will punch the ticket on the train.

Peak fares are charged during business rush hours on any weekday train scheduled to arrive in NYC terminals between 6 a.m. and 10 a.m. or depart NYC terminals between 4 p.m. and 8 p.m.

Off-peak fares are charged all other times on weekdays, all day Saturday and Sunday, and on holidays.

Off-Peak fares: (2026)

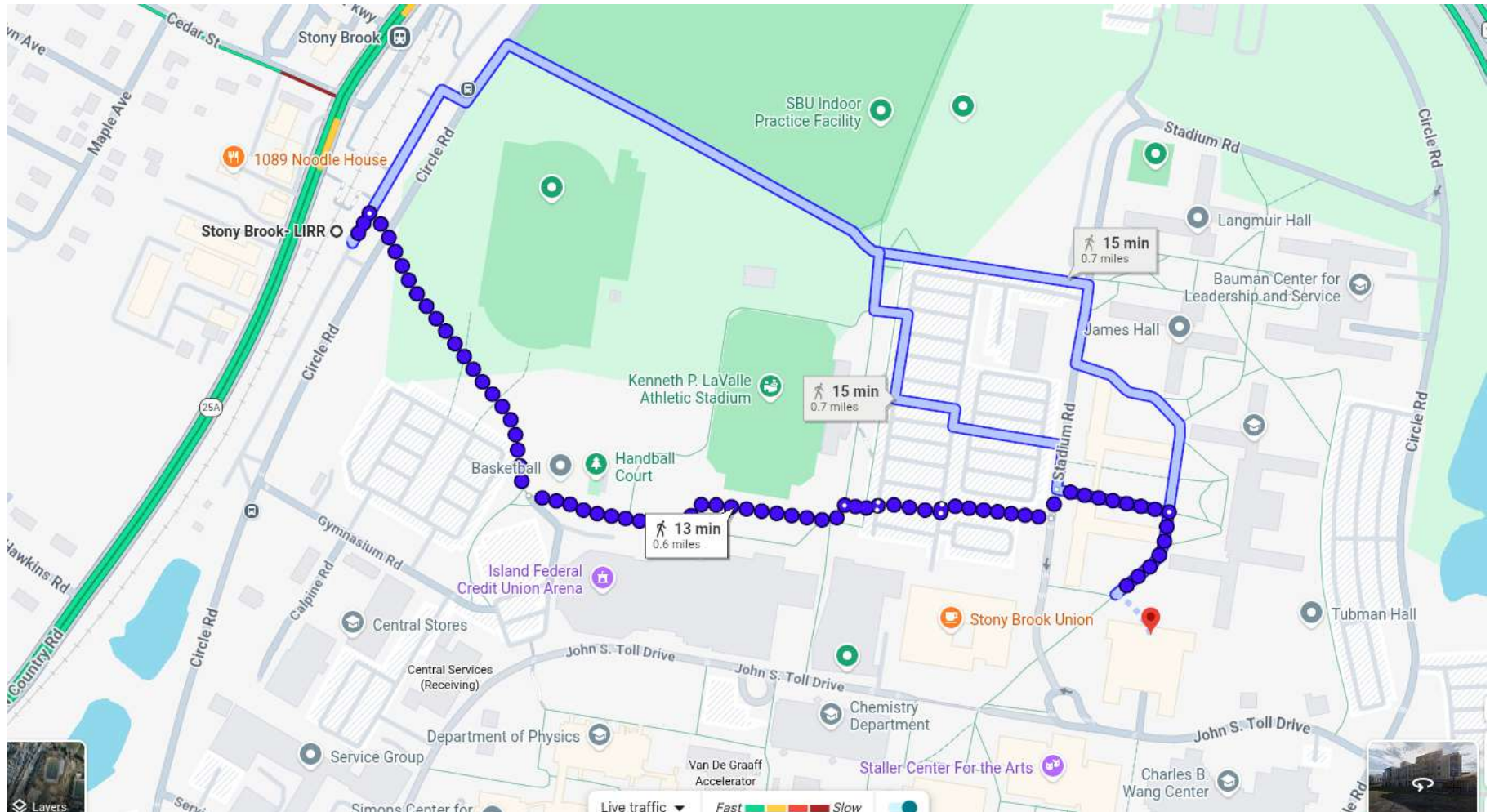
\$16.00 Penn Station or Woodside to Stony Brook:

\$13.50 Jamaica to Stony Brook:

Stony Brook LIRR to Dorm

There is a free campus bus which stops at the Stony Brook LIRR on the SOUTH side of the train station. Detailed maps of the campus and bus lines are at the link below.

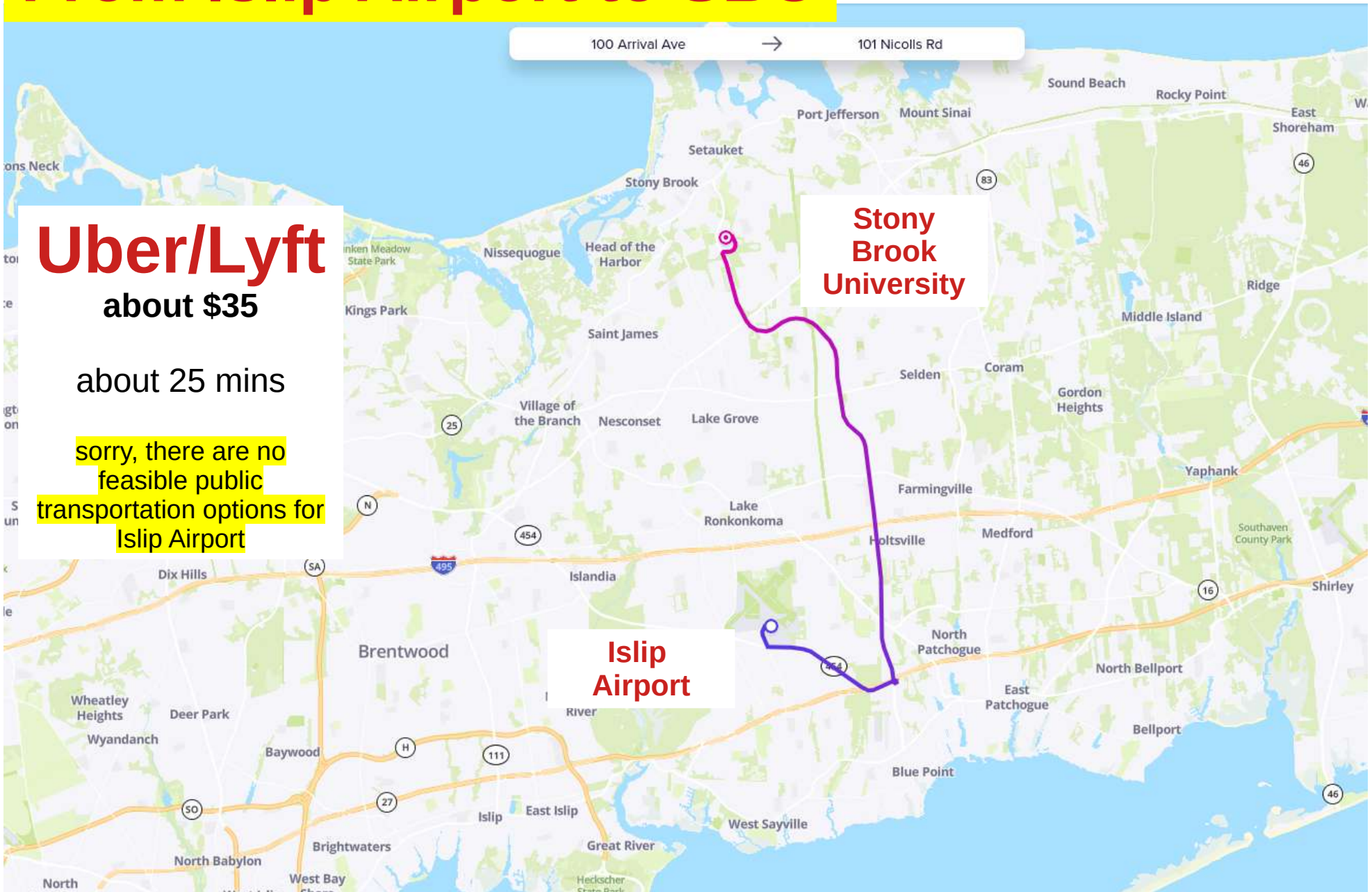
<https://www.stonybrook.edu/about/maps-and-directions/>



20 May 2026 Update:

The dorm will be Chavez Hall: a 13 min walk from the train.

From Islip Airport to SBU



Uber/Lyft
about \$35

about 25 mins

sorry, there are no
feasible public
transportation options for
Islip Airport